

**DIRECTIONS:** Take one quick-dissolve tablet as directed by your healthcare practitioner.

Consult your healthcare practitioner prior to use. Individuals taking medication should discuss potential interactions with their healthcare practitioner. Do not use if tamper seal is damaged.

Advanced Bioidentical Hormone Therapy's **Vitamin B12** provides 5 mg (5,000 mcg) of vitamin B12 in each very small, pleasant-tasting tablet. Methylcobalamin, the form of B12 active in the body, appears to be better absorbed and stored in tissues in comparison to cyanocobalamin. Methylcobalamin has multiple supportive roles in the body, including red blood cell formation, nervous system health, homocysteine and folate metabolism, melatonin synthesis, and more.\*

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

**STORAGE:** Keep closed in a cool, dry place out of reach of children.

**DOES NOT CONTAIN:** Wheat, gluten, yeast, soy, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.



ADVANCED BIOIDENTICAL  
HORMONE THERAPY

## Vitamin B12

Methyl B12

Dietary Supplement  
Pharmaceutical Grade • Professional Use Only  
60 Quick-Dissolve Tablets

## Supplement Facts

Serving Size: 1 Quick-Dissolve Tablet  
Servings Per Container: 60

	Amount Per Serving	%Daily Value
Vitamin B12 (as MecobalActive™ methylcobalamin)	5,000 mcg	83,333%

**Other Ingredients:** Xylitol, stearic acid, mannitol, citric acid, silica, natural orange flavor (no MSG), and magnesium stearate.

**Manufactured in a GMP compliant facility.**

**MecobalActive™** is a trademark of Ferrer Health Tech.  
The active form of B<sub>12</sub>

**Distributed By:**  
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